

PRESS RELEASE

Three young Gwynedd woman are about to take on a challenge of a life time all in the name of charity.

Sarah Riley and Sonia Collis both from Felinheli and Helen Parry from Pwllheli are planning to take on the infamous Kilimanjaro Trek this time next year, and are hoping to raise a staggering £10,500 by November this year with all proceeds going to local children's Hospice Ty Gobaith

Sarah Riley speaking on behalf of the Kilimanjaro team said "We wanted to raise money for Ty Gobaith and thought that we would really push our determination whilst doing it and take on a challenge.

Ty Gobaith Children's Hospice cares for terminally ill children, young people and their families at the Hospice or in their own home; Ty Gobaith is the only Children's Hospice in North Wales and relies on the support of the general public and local businesses to fund its annual running costs of £1 Million.

Sarah continued "We fly to Tanzania in February 2010 and the whole trek takes 8 days. It will be very demanding as we will be climbing for up to 8 hours a day. The altitude gain which is involved in climbing the mountain will make the trek all the more difficult and we are all hoping that it won't stop us reaching the peak."

Katrina Cameron, Area Fundraiser for Ty Gobaith said "Support from the public is crucial to Ty Gobaith and we are so grateful to the girls who are trekking Kilimanjaro, as not only are they hoping to raise a staggering amount of money they are also very brave, I wish them all the best of luck with their fundraising and training over the next coming year"

A fundraising event has been scheduled for the 25th April at the Memorial Hall in Y Felinheli. Sonia Collis said "We have named the evening Wafrika as it will bring together Welsh and African influences to create a great night of entertainment. We have a South African lady who will be dishing up a Welsh Lamb, African Curry which I have been lucky enough to sample and it is delicious. There will be performances by an African acoustic singer named Nebs Chikanza, the band African Link, DJ Byd Mawr who plays alternative world music and also Derwyddion Dr Gonzo who are a great welsh band."

Tickets for this event are £12.00, this includes the food. If you would like to purchase tickets please telephone 07825 748897.

To find out how you can sponsor the girls you can telephone the above number or log on to www.bmycharity.com/challenges-kilimanjaro-trek.aspx. You can also email Katrina@tygobaith.org.uk

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